

TERM 2

15 APRIL - 28 JUNE 2024



WOMIN-DJI-KA TO TERM 2!

In the spirit of reconciliation the Creswick Neighbourhood Centre acknowledges the Traditional Custodians of land on which we live and work, the Dja Dja Wurrung people and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today. We acknowledge that Sovereignty was never ceded.

Featuring Glenda Bryant

Glenda moved to Creswick from the Mornington Peninsula just over 2 yrs ago. This move inland puzzled some as she had only ever lived by the sea, but she does have a distant link to the area. Her great-grandparents and grandmother settled here from Cornwall in the 1880's.

Soon after arriving, the first Cresfest took place, Glenda volunteered and hosted a musician. On seeing the Creswick Chorus and Ukestra in action she determined to be on stage with them in 2023.

Choir and ukulele classes began, as well as varied U3A activities. Her big passion is gardening, finding the harsher climate an interesting challenge.

Glenda says she is amazed how easy the transition to her new life has been, praising the welcoming and diverse community she has found herself in. "There are just so many opportunities for learning, sharing and enjoying life" she reports. Her latest opportunity to give back is joining the CNC management committee, a place she considers the beating heart of Creswick.

Photo of Jenni Sewell and Glenda Bryant "Cheers Glenda"

A little about us...

We are a neighbourhood house originally started by the Creswick community in the early 1980s. We are an incorporated, not-for-profit, registered charity dedicated to providing for our community. We are grateful for ongoing funding from the Victorian State Government and we partly fund ourselves through social enterprise, grants, donations and activities.

We strive to offer a diverse range of activities to suit all ages and abilities. If there is something you would like to see us run or have any questions about anything currently on offer, we encourage you to reach out to one of our friendly staff.

What we offer at the CNC

- Children's activities
- Free Lending Library
- Neighbourhood Share Pantry
- Free computer and Internet access
- Photocopying, printing and laminating
- Hire of space for private meetings/events
- Community Garden
- School Holiday Programs
- Classes and Workshops

The Purposes of Our Association

To provide education, engagement, and volunteering opportunities to Creswick and its community through the provision of welcoming community spaces for all, provision of life-long learning, and support of community connectedness and participation. To endeavour to address isolation through equity and inclusion. To strengthen community through support of diversity and promotion of participation. To facilitate community development and capacity building by supporting individuals and groups. To promote programs and processes to address locally identified needs.





Emergency Food Relief, CAFS drop in and Community Lunch 2nd Tuesday of every month



CNC Share Pantry Program

Can you help with our free food program? Pop in and have a chat with us. There are never too many helpers!

There are many ways that you could contribute. Donating your time can be equally as beneficial as donating food.

Anglicare Victoria Emergency food relief

Collections available on the second Tuesday of each month from the Creswick Neighborhood Centre.

To be eligible for collection you MUST register with Anglicare on 03 5333 0600

CAFS drop in 11-1pm and
Community Lunch hosted by the CNC at 12-1pm







Chatty Cafe

A scheme for those who believe having a chat can brighten your day! The Chatty Café Scheme encourages venues to provide a shared Chatty table where customers can sit if they are happy to talk to other customers and "Have a Chat".

The CNC have proudly joined with Chatty Cafe Scheme and now host a Chatty Table in the kitchen.

Fridays during school term 10 - 11.30 am

Please come in for a hot cuppa and a Chat.



<u>Creswick Essential Bags Initiative - A helping hand for local</u> <u>people</u>

CEBI provides much needed personal care items for community members who don't have the means to purchase these items. Donations of new and unopened personal care items, such as shampoo, soap, deodorant, toothpaste and toothbrushes can be donated directly through the tub inside the front door of the Neighbourhood Centre. You can also scan the QR code below to go directly to the CEBI Facebook page for more information.

Scan to join the CNC as a volunteer



Education

Scams Awareness 21 May 10.30am

> Digital Legacy 4 June 1.30pm

Contact the CNC to register for one or both of these sessions 5345 2356 or infoecnc.org.au

This is a free event



Law Week Event

The CNC will host an event lead by CAFS on
Tenancy rights and responsibilities
Keep an eye out for an announcement of date and
time

Law Week 20 - 24 May

Programs Monday

Monday Night Drum Circle

This group is meeting weekly in the Hall.

All ages and abilities.

BYO drum or there may be one there to borrow.

Come along and have fun!

Join us in creating music, sharing rhythm and

building community.

7.15pm - 8.15pm Circle Leader: Sarah

(Gold coin donation to the CNC is appreciated

but not essential)





Hatha Yoga

Yoga for the mind, the body and general wellbeing Check with your GP if you have a pre existing condition.

Bring a yoga mat, cushion, and a blanket.

Caters for beginners and experienced.

Mondays during school terms, 6-7pm \$12 per session / \$10 concession - casual

Facilitator: Irina De Loche

Children's Art Program

HeapsART provides art making experiences that captivate young creative minds.

Students work toward an exhibition at the end of the program.

5 week program for children Grade 3 and above.

Materials provided.

High-quality opportunity for children wanting to lift their artistic skills to a new level!

Limited numbers - max 8 students.

Mondays starting 6 May for five weeks

4-5.30pm

Facilitator: Anna Schlooz

Cost \$150







Learn To Play Chess

Open to primary school children grades 3-6.
This is a fully supervised program running for 4
weeks at the CNC after school on Mondays.
Limited to 8 children so jump in now and
purchase your ticket to secure your spot.
This program is supported by Hepburn Shire
Council and in partnership with Creswick
Primary School

Mondays during school term 3.45 - 4.45pm 4 week block \$20





Tuesday

Ukulele with



Beginners Welcome All levels invited

Scan to book here Contact 53452 356

Ukulele with Amie Brûlée - Creswick

This class is open to all ukulele players, whether you're new to the ukulele or you've been playing for a little while.

You'll learn the basics of the instrument – how to tune, chords, strumming, picking melodies – and lots of fun songs to play and sing along with from a wide variety of musical styles.

Bring your ukulele and a smile!
There won't be any pressure to perform as the focus of this class is on learning and developing your playing and confidence, and enjoying the music.

<u>Tuesdays from April 16</u> 6-7:30pm \$215 11 weeks

Art Group

Bring along your current painting project or begin creating a new masterpiece.

Create your art in company.

BYO materials.

Tuesdays ongoing during school terms

1 - 3:30pm

\$5 per session, just come along

Facilitator: Elize Schutt







Tiny Dancers 3-6 years

An introduction to dance technique.

This fun and inclusive class allows children to learn through music and movement.

Tuesdays during school terms, 3.45-4.15pm \$8 per session (\$5/concession)

Mini Movers 6-10 years

Further development of dance technique, with fun and upbeat music.

Tuesdays during school terms, 4.15-5pm \$12 per session (\$8/concession)

Dancercise - Adults and Teens

Dancercise - Adults and Teen Dance based cardio and strength training.

Work at your own pace.

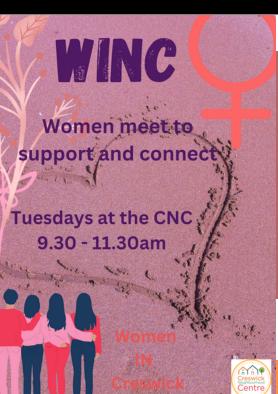
Caters for injuries or to fit within rehabilitation programs.

For all abilities and ages.

Tuesdays during school terms, 5-5:45pm \$12 per session (\$8/concession)

Teacher/Facilitator for all sessions: Tahlia Horsburgh





Women IN Creswick WINC

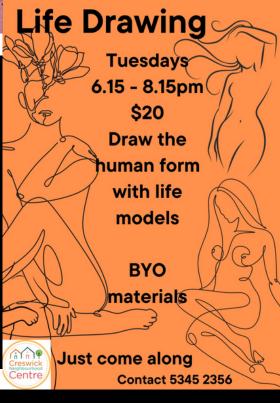
This group meet Tuesday mornings to share a cup of tea and have a chat. 9-30 to 11-30 am Connecting and Supporting

Life Drawing

Beginners and more advanced artists are welcome to come along and draw or paint the human form with inspiration from nude life models in a series of short poses, followed by a long pose for a more finished drawing.

Tuition and individual assistance can be provided on request. BYO materials.

Tuesdays ongoing, 6.15 - 8.15pm \$20 per Session, just come along Facilitator: Selwyn Rodda



Wednesday,

Family History Group

A family history research group
Come along for part of, or the whole session
Each session includes both structured
presentations and informal time to conduct your
own research
Bring along your own lunch

Wednesdays Ongoing, 10am - 4pm \$20 annual fee + \$5 per session





Afro Latin Dance - So you think you can't dance? This is the class for you

Drawing on African and Latin moves Low impact, easy steps, and sequences Get fit, have fun, and discover wellbeing from dance

Wednesday during school terms
1 - 2pm
\$12 per session/\$10 concession
Facilitator Irina De Loche

Creswick Chorus

Have you seen or heard this Choir singing up a storm around town? We would love you to come and join us. Opportunities for vocal development, connectedness, fun, learning with guest choir leaders and performances.

Choir facilitator is Stella Savy from CocoSounds.

Strong emphasis on contemporary style with a global conscience.
Singers of all abilities welcome.

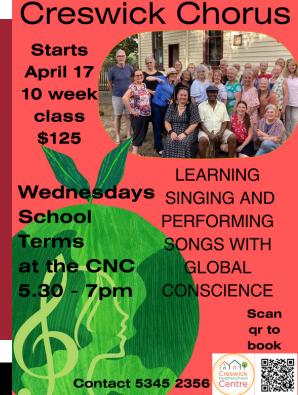
Wednesdays

<u>5.30 - 7pm</u>

\$125 Full/\$110 Concession 11 weeks

BOOK NOV







<u>Creswick Drumming and</u> <u>Singing for Kids</u>

For kids from grade 3 – 6 (age considerations can be made) Weekly after school drumming and singing Learn music skills with opportunities for performance Wednesdays during school terms

3.45 - 4.30pm \$120 11 weeks (enquire about family rates for siblings)

Thursday

Plarning

At Creswick Neighbourhood Centre



Thursday Ongoing 11 - 12pm

Just come along





Come along to create bags, sleeping mats and other useful items

The group sell items locally and donate the funds to the Soup Bus

Central Highlands Swing Dance Community

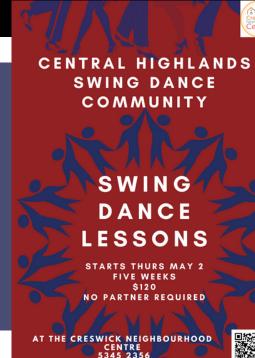
Weekly Swing Dance Classes

Come and learn to Swing Dance from one of the best. Sarah Johnston will take you through your paces.

No partner required

We love the music and the community

Thursdays May 6.30 - 7.30pm Cost \$120 5 Week block



SIMPLY PILATES

A basic class for beginners designed to help you help yourself. A series of exercises addressing posture, stiffness, injuries, muscle weakness and core strength.

Bring to class: Motivation, mindfulness and a mat.

If you have serious health issues please consult your health practitioner prior to registering.

Thursdays 5pm - 5.50pm \$130or \$110 Concession 11 Weeks Thursdays starting April 18 Facilitator Irina De Loche





Creswick Community Playgroup

This parent led community playgroup meets in the Hall each week. A great opportunity to meet other families in our community. Wear weather appropriate clothing and footwear. Plenty of toys and resources for your child!

Thursdays during school terms 9.30am to 11am

In the Playscape & The Hall \$2 - Ongoing, just come along



Games Lab

Youth program for grade 5 & 6
and year 7 & 8 with a
combination of computer
games, board games, chess
and Lego with a facilitator.
Thursdays 4–5.30pm during
school term
Bookings required via email
managerecnc.org.au



Friday



Calling all musicians
7.30 -9.30pm on
Friday nights
during the term
in the CNC Hall
To register or more information

gold coin Rex - 0427 417 976
donation

Musicians are invited to come along and Jam. This group welcomes all abilities and instruments. Drums and PA are provided Starts April 19

Txt only

Rex 0427 417 976 to register or for more info

Creswick Community Garden

Meet to share skills and experiences growing food in the community garden. The garden provides an opportunity to learn about propagation, planting out, and looking after your crop.

Help to maintain the garden, or come down to discuss and learn.

If you are interested in being involved, contact us to find out more on 5345 2356.

Community Garden Guru: Norm Beshara





This vibrant gathering is your one-stop destination for all things repair, share, and sustainability. Whether you're looking to breathe new life into your cherished items or have skills in fixing things, we invite you to join us in a celebration of community spirit and collaborative repair. Repair skills on offer by our local expert volunteers include sewing, darning, bike fixing, small electrical, mechanical, computer, knife sharpening, good conversation, woodwork inc small furniture, baking and making. Just bring your items for fixing on the day and someone will assess it for repair.

We also have a share table for locally grown fruit & veggies, homemade goodies, and other things to cycle around again. Tea, coffee and home baked goodies to share are also available by donation.

It's more than just fixing things; it's about creating connections, learning new skills, sharing stories, and enjoying the warmth of community over homemade food and baked treats, all available by donation.

Let's come together to support a more sustainable future, share our abundance, and make meaningful changes, one repair at a time. See you there for a day of fun, learning, and community building!

For more information or to volunteer as a fixer, baker, soup maker, or helper, SMS Tim on 0490 436 264 or email transitioncreswick@gmail.com

Local Makers & Producers Art & Bespoke Handcrafts Food, Coffee & Music

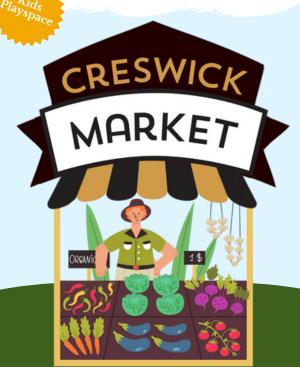
2024 DATES

Jan 20
Feb 17
March 16
April 20
May 18
June 15
July 20
August 17
September 21
October 19
November 16
December 21

WINNER

Rated #1 farmers market in Australia March 2024

(Source - Time Out Melbourne Magazine)





Rain or shine, we are always 3RD SATURDAY OF THE MONTH











19 Victoria St, Creswick www.creswicknc.org

Better banking. Big impact.

It's a win-win when you bank with us.

Where else can great banking create such a positive impact! We're in this together, and together we're giving

back.

Here's who's benefited:

Nearly \$2 million returned to the Community from banking profits

Ongoing support for the Creswick Neighhourhood Centre

Funding for youth, music and art events

Support for over 70 Community Groups





Creswick Neighbourhood Centre

19-21 Victoria Street, Creswick





9am to 5pm Friday 9am to 3pm

info@cnc.org.au cnc.org.au (03) 5345 2356





Your Feedback is Welcome

We welcome your ideas, compliments, and complaints. As an organisation striving to continually improve our services, we need your feedback to allow us to be the best we can be.



Scan to provide feedback